

# BHM WEEKLY NEWSLETTER

'Learn, Love & Live: Without Limits'



Friday 9<sup>th</sup> January 2026



## MESSAGE FROM MRS DRAPER...

I hope you and your families have had a restful and enjoyable break. It has been wonderful to welcome our pupils back to school, and there is already a real sense of energy and positivity around the building.

As we begin this new half term, we are focusing on settling quickly back into strong routines that support learning and wellbeing. A good night's sleep is essential for children to feel ready for the school day, and we encourage families to support this by maintaining consistent bedtimes and avoiding screens for at least an hour before bed.

This half term, we will also be running a number of punctuality and attendance initiatives. Being in school every day and arriving on time makes a significant difference to pupils' confidence, progress, and sense of belonging. We appreciate your continued support in helping us make this a priority.

Thank you, as always, for working in partnership with us. Together, let's make this half term the best one yet.

MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.

## WEEKLY ATTENDANCE

This week's attendance:

Reception – 99.5

Year 1 – 96.1

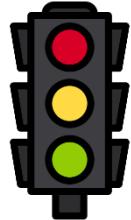
Year 2 – 99.5

Year 3 – 93.5

Year 4 – 95.5

Year 5 – 97.1

Year 6 – 93.1



This week's winners were **Reception & Year 2**. They both will received £7 towards their end of year treat and earned a roll on the monopoly board.

Rec, Y2, Y5 achieved 97% + attendance this week and received £1 each.

## UPCOMING EVENTS



	Star of the Week	Christian Values	Spirit of the Games
Rec	Caiden	Azdania	
Y1	Henry	Luana	George H
Y2	Kenny	Olivia	Esmae
Y3	Arthur	Leilani	Libby
Y4	David	Dalton	Dalton
Y5	Freddie	Isabella	Marshall
Y6	Coley	Bethany	April

**Resilience** – Ezra Y4, Lewis & Shaun Y5



## End of Year Treat – Running Totals



Rec	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
£32	£2	£26	£25	£7	£10	£25

**>Welcome Back to School!**

As we start the **spring term**, our focus is on giving every child the best possible start. **Regular attendance is key** – it helps children learn, build confidence, and stay connected with their friends.

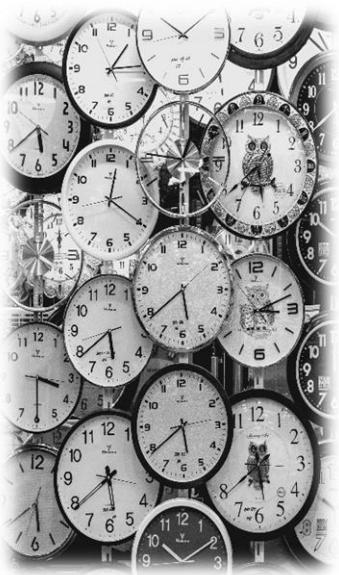
Date	Event
Friday 30 <sup>th</sup> January	Y5 Beetle Drive 18 – details to follow via dojo
Tuesday 3 <sup>rd</sup> February	Y4 Lowry Visit 18- details to follow via dojo
Wednesday 4 <sup>th</sup> February	Zumba Day – wear PE Uniform
Thursday 5 <sup>th</sup> February	Y1 Class Assembly "Love" – hall 9am
Sunday 8 <sup>th</sup> February	Educational Sunday – Chapel 10.30am
Wednesday 11 <sup>th</sup> February	Safe Internet Day
Thursday 12 <sup>th</sup> February	Rec & KS1 Family Assembly – hall 9am
Friday 13 <sup>th</sup> February	Place2Be- non uniform
Friday 13 <sup>th</sup> February	

## ➡ Getting Back into Bedtime Routines

After the holidays, routines can take a little time to re-establish. Try these ideas:

- ✓ **Set a consistent bedtime and wake-up time** – helps children feel rested and ready for school
- ✓ **Switch off screens at least an hour before bed** – reading a story or a warm bath can help children relax
- ✓ **Create a “wind-down” routine:** bath, story, lights out – consistency helps children settle and sleep well

**Tip Box:** A calm bedtime routine now = a happy, alert child in class tomorrow!



## Other Tips for a Smooth Start

- **Prepare the night before:** Lay out uniforms, pack bags, and plan lunches
- **Keep mornings positive:** A healthy breakfast and calm routine set the day up right
- **Stay connected:** Ask about your child's day and celebrate even small successes

**Tip Box:** Small routines make a big difference – consistency is key!

## 🤝 If You Need Support, We're Here to Help

If challenges arise that might affect attendance, please let us know as soon as possible. We want to work with you to make sure your child doesn't miss out.

**Contact:** Miss Aspinall, Attendance Officer

- **Via Dojo**
- Or leave a message on the **school absence line**

Every day in school matters. Together, we can make this a fantastic start to the year. Thank you for supporting your child's attendance – it really makes a difference for their learning and well-being!



Visit our school website: [Bedford Hall Methodist Primary School - Home](http://bedfordhallmethodistprimary.com)



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