

PSHE/RSE Overview 2022-23

PSHE/RSE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2 YO Core Theme	This Is Me Settling In Rules and Routines		Looking After ourselves and others – (chicks, robot dogs in the home corner, self care)		Changes/Transitions Looking after our environment – Our Earth	
2YO Resources	Dressing Too Quickly (Here's A Little Poem) Something About Me (Here's A Little Poem) Maisy Goes To Nursery Mummy, Mama and Me (LGBT+) Daddy, Papa and Me (LGBT+)		Guess How Much I Love You Tiger Time To Take A Bath After My Bath (Here's A Little Poem) My Puppy (Here's A Little Poem)	My Mum	We're Going On A Bear Hunt (exploring emotions through play and story) Tiger Time To Take a Bath	Pants No More Nappies I'm Small (Here's A Little Poem)

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Resources	SCARF Books Barry the Fish with Fingers Only One You	SCARF Books Room on the Broom	SCARF Books Ol Frog	SCARF Books Zog Bear feels Sad	SCARF Books Elmer Rainbow Fish All Kinds of Homes	SCARF Dirty Bertie I Don't Want to Wash my Hands
PRE SCHOOL SCARF Lesson Content	Marvellous Me I'm Special People who help us	People who keep me safe Safety indoors and outdoors What is safe to go in my body	Growing and changing in nature When I was a baby Girls, boys and families	What my body needs I can keep trying I can do it	Me and my friends Friends and family Including everyone	Looking after myself Looking after others Looking after the environment

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Resources	SCARF / Book	SCARF	SCARF	SCARF / Book	SCARF	SCARF
RECEPTION Lesson Content	<p>The right to miss someone: 'The Invisible String' book by Patrick Karst RF1,2,3</p> <p>'Looking after money' (1) <i>Possibilities</i></p> <p>'Looking after money' (2) <i>Possibilities</i></p>	<p>'What's Safe to go onto My Body?' RS5; HMW3, HPr3, HPr4, HPr5</p> <p>Anti-Bullying Week 2021: RF6, RC4, RS5, RR6</p> <p>'Keeping Safe Online' RO3; RS2,5,6</p> <p>'People who help me keep safe' RF2,6 ; RS4,5,6,8</p>	<p>Life Stages – who will I be? RF2,3,4,5; RS3; HMW1</p> <p>Where do babies come from? RF1,3,4 ; RR1; HAB1</p> <p>E-Safety Day (Book) RO1,2,3 HIS1-4</p>	<p>Book: 'Same and Different Families' RF1, RF2, RF3, RR1</p> <p>'Same and Different Homes' RR1, RR3</p> <p>Book: 'And Tango Makes Three' (LGBT+) RR1, RR2</p>	<p>'What makes me special?' RR1,4</p> <p>Who Can Help Me? RF2,4,6; RC1,2,3,5; RS5, RS8, HFA1</p> <p>My Feelings RF2,6; RC5; HMW3,6,7,8</p> <p>Book: 'Best Place in the World.'</p> <p>Book: 'Ruby's Worries.'</p>	<p>'Bouncing Back When Things Go Wrong' RC2; RR2; HMW2,3</p> <p>'Healthy Eating' HHE1,2</p> <p>'Move Your Body' HPF2; HHE1; HPr3,4,5</p> <p>'A good night's sleep' HPr3,4,5</p>

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Resources	SCARF, RRSA	SCARF, NSPCC	SCARF	SCARF, Book	SCARF, Book	SCARF, Red Cross
YEAR 1 Lesson Content	<p>'Pass The Praise' RC2,5 ; RR1,3,5</p> <p>'Harold's Wash and Brush Up' HPr4,5</p> <p>'UNCRC – What is it?' Respecting Rights at School RR1, 5, 7</p> <p>UNCRC Article 12 -how school facilitates RR1, 5, 7</p>	<p>'Healthy Me' HPF1, HPF2, HPF3, HPF4</p> <p>Anti-Bullying Week 2021 RF6, RC4, RS5, RR6</p> <p>'Super Sleep' HPr3</p> <p>'NSPCC Underwear Rule' RF6, RR8, RS12,4,5,7,8</p>	<p>'Then and Now' HAB1</p> <p>'Surprises and Secrets' RF6, RC4, RR8, RS1,2,4,5,6, 7, 8</p> <p>E-Safety Week (Book) R01,2,3 HIS1-4</p>	<p>'Same or Different?' RF3,4 ; RR1,2</p> <p>Book: 'King and King' (LGBT+) RF3,4; RR1,2</p> <p>Who are our Special People?' RF1,2,3,4, HMW6</p>	<p>'Thinking About Feelings' RS5, HMW2,3,4,7</p> <p>'Good Friends' RC1, 2, 3</p> <p>Ebook: 'Different Families, Same Love' (Twinkl LGBT+) RF3,4,5, RR1, RR2</p>	<p>'I Can Eat a Rainbow' HHE1, 2, 3</p> <p>'Catch It, Bin It, Kill It' HPr5</p> <p>Basic First Aid 'Life. Live It' – Red Cross HFA1, 2</p>

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Resources	SCARF, Twinkl, RRSA	SCARF, NSPCC	SCARF	SCARF, books	Twinkl, SCARF, book	SCARF, Red Cross
YEAR 2 Lesson Content	<p>'When I feel like erupting' HMW3,4</p> <p>'UNCRC – What is it?' Respecting Rights at School – Twinkl RR1, RR5, RR7</p> <p>UNCRC Article 12 -how school facilitates RR1, RR5, RR7</p> <p>UNCRC Article 14 - how school facilitates RR1, RR5, RR7</p>	<p>'How safe would you feel?' RS1, 5</p> <p>Anti-Bullying Week 2021 RF6, RC4, RS5, RR6</p> <p>'I don't like that!' RR8; RS3, 4; HMW2</p> <p>'NSPCC Underwear Rule' RF6, RR8, RS1,2,5, 7, 8</p>	<p>'Haven't you grown!' HAB1</p> <p>'Respecting privacy' RS2</p> <p>E-Safety Week (Book) R01,2,3 HIS1-4</p>	<p>'What Makes Us Who We Are?' RR1, RR2</p> <p>'Mommy, Mama and Me' LGBT+ Leslea Newman RF3,4,5, RR1, RR2</p> <p>Book: Not like the others (race and disabilities) RF3,4,5, RR1, RR2</p>	<p>Ebook: 'Part of The Party' Twinkl LGBT+ RF3, RF4, RR1, RR2</p> <p>Book: 'Tease Monster' RC1,3; RR6, 7</p> <p>'Types of Bullying' RR5, 6</p>	<p>Basic First Aid: 'Life. Live It' – Red Cross HFA1, HFA2</p> <p>'Harold's Postcard – Clean and Healthy' HPr5, 6; HPF2</p> <p>'My body needs....' HPF1, HHE1, HPr3</p>

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Resources	SCARF, Twinkl, RRSa	SCARF, NSPCC	SCARF	SCARF, Book	SCARF	SCARF, Red Cross
YEAR 3 Lesson Content	<p>'Our helpful volunteers' HMW5</p> <p>'Can Harold Afford it?' <i>Possibilities</i></p> <p>'Earning Money' <i>Possibilities</i></p> <p>Explore an UNCRC article RR1, 5, 7</p>	<p>'Safe or Unsafe?' RS1, 4, 5</p> <p>Anti-Bullying Week 2021 RF6, RC4, RS5, RR6</p> <p>'None of your business' RR8; RO1-5; RS1,4,5; HIS3,5,7</p> <p>'NSPCC Underwear Rule' RF6, RR8, RS1,2,5,7,8</p>	<p>'Relationship Tree' RC1,2,5; RO2, RS2</p> <p>'I am Fantastic!' RO1</p> <p>E-Safety Week (Book) RO1,2,3, HIS1-4</p>	<p>'My community' HMW5</p> <p>Book: My Uncle's Wedding (LGBT+) RF3,4,5, RR1, RR2</p> <p>'Let's celebrate our differences' RF3; RR1,2,6 ; RO2; HIS5</p>	<p>'As a rule' HIS4</p> <p>'Thunks' RR1,2,3</p> <p>'Friends are Special' RC1,2,4</p>	<p>Basic First Aid: 'Life. Live It' – Red Cross HFA1, HFA2</p> <p>'Derek cooks Dinner' HHE1,2,3</p> <p>'Poorly Harold' HPr5</p>

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Resources	SCARF, RRSA	SCARF, NSPCC	SCARF	SCARF, Book	SCARF	SCARF, Red Cross
YEAR 4 Lesson Content	<p>'Who helps us stay healthy and safe?' RS6,7,8; HPF4</p> <p>'How do we make a difference?' RO2</p> <p>'Why pay taxes?' <i>Possibilities</i></p> <p>UNCRC – explore an article RR1, 5, 7</p>	<p>'Danger, Risk or Hazard' RS4,5; HHE1, HHE3</p> <p>Anti-Bullying Week 2021 RF6, RC4, RS5, RR6</p> <p>'Keeping ourselves Safe' RC3,5 ; RR4,6</p> <p>'NSPCC Underwear Rule' RF6, RR8, RS1, RS2, RS5, RS7, RS8</p>	<p>'Moving House' HMW2,3,9</p> <p>'My feelings are all over the place' RF1,2,3; RC5; RR2; HMW3,4; HCAB1</p> <p>E-Safety Week (Book) RO1,2,3 HIS1-4</p>	<p>'The people we share our world with' RF3; RR1,2,5</p> <p>'That is such a stereotype' RR7; RO5; HIS2</p> <p>'Dad David, Baba Chris and Me' Book <i>Diversity</i> RF1-5</p>	<p>'Ok or not OK?' (1) RC2-5; RR1,2,5; HMW3</p> <p>'When Feelings Change' HMW3,4</p> <p>'Under Pressure' RR1,6, HMW8, HIS5</p>	<p>Basic First Aid: 'Life. Live It' – Red Cross HFA1, HFA2</p> <p>'Harold's Seven R's' RR3</p> <p>Sun Exposure Careinthesun.org HPr2</p>

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Resources	SCARF, RRSA	SCARF, NSPCC	SCARF	HH Kids	SCARF	SCARF, Red Cross
YEAR 5 Lesson Content	<p>'Spending Wisely' <i>Possibilities</i></p> <p>'Lend us a fiver!' <i>Possibilities</i></p> <p>UNCRC RR1, 5, 7</p> <p>UNCRC RR1, 5, 7</p>	<p>'Thinking about habits' HDAT1</p> <p>Anti-Bullying Week 2021 RF6, RC4, RS5, RR6</p> <p>Play, like, share RO1-5; RS1,4; HIS3,5,7</p> <p>'NSPCC Underwear Rule' RF6, RR8, RS1, RS2, RS5, RS7, RS8</p>	<p>Book: 'Be Who You Are' (LGBT+) RF1,2,3,4,6 (2 lessons)</p> <p>E-Safety Week (Book) R01,2,3 HIS1-4</p>	<p>Preparation for Puberty HCAB 1,2</p> <p>Smoking HIS6; HDAT1</p> <p>Alcohol HDAT1</p> <p>Making Assertive Decisions RC2,3,5; RR1, RR3</p>	<p>'Give and Take' RC1,2,3</p> <p>'Being assertive' RC2,3,5; RR1</p> <p>'Our emotional needs' MW2,3,4,9</p>	<p>Basic First Aid: 'Life. Live It' – Red Cross HFA1, HFA2 (2 lessons)</p> <p>Sun Exposure Careinthesun.org HPr2 (2 lessons)</p>

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Resources	SCARF, RRSA	SCARF, NSPCC	HH Kids	SCARF, Oak Academy	SCARF, Book, Proud Trust	SCARF, Red Cross
YEAR 6 Lesson Content	<p>Jobs and taxes <i>Possibilities</i></p> <p>Democracy in Britain – elections <i>Possibilities</i></p> <p>Democracy in Britain - laws <i>Possibilities</i></p> <p>UNCRC RR1, 5, 7</p>	<p>‘Think Before You Click’ RR8; RO2,3,4; RS1; HIS4,5</p> <p>Anti-Bullying Week 2021 RF6, RC4, RS5, RR6</p> <p>What sort of drug is? HHE3; HDAT1</p> <p>‘NSPCC Underwear Rule’ RF6, RR8, RS1, RS2, RS5, RS7, RS8</p>	<p>Alcohol Education HDAT1</p> <p>Introduction to Puberty HCAB 1,2</p> <p>Conception and Pregnancy HCAB 1,2</p> <p>E-Safety Week (Book) R01,2,3; HIS1-4</p>	<p>‘OK to be different’ RC2; RR1,2,3,6</p> <p>What is BLM and White Privilege? RF1-5</p> <p>Why is BLM important to people? RF1-5</p>	<p>Book: ‘Alien Nation’ (LGBT+) RF1,2,3,4,6 (3 lessons)</p> <p>Acting Appropriately RR5,6; RS1-8</p>	<p>Basic First Aid: ‘Life. Live It’ – Red Cross HFA1, HFA2 (2 lessons)</p> <p>Obesity – kidshealth.org HPr1</p> <p>‘5 Ways to Wellbeing’ HMW1,5,6,7; HIS2; HPF2</p>